



MAY & JUNE 2023 LUNCH MENU K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS ARE SERVED WITH GARDEN BAR, FRUIT CHOICES, LOW-FAT MILK & WHOLE GRAIN BREADS	AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES A YOGURT CUP OR STRING CHEESE & A GRAIN SNACK (YOGURT FLAVORS & GRAIN SNACK WILL VARY BY SCHOOL)		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
1 PERSONAL PIZZA VEGGIES	2 DELI WRAP SUN CHIPS COLESLAW	3 MINI CORNDOGS MAC & CHEESE VEGGIES	4 HOT HAM & CHEESE CURLY FRIES VEGGIES	5 BREAKFAST BOWL (hashbrowns, scrambled eggs, shredded cheese) SAUSAGE LINKS BAGEL APPLESAUCE SCHOOL LUNCH HERO DAY
8 STUFFED CRUST PIZZA VEGGIES	9 CHEESEBURGER WAFFLE FRIES BAKED BEANS	10 CRISPY CHICKEN SANDWICH POTATO WEDGES VEGGIES	11 TOTCHOS CORN MUFFIN VEGGIES GRAIN SNACK	12 FISH NUGGETS TATER TOTS DINNER ROLL VEGGIES GRAIN SNACK
15 PIZZA CRUNCHERS MARINARA VEGGIES	16 QUESADILLA FIESTA BEANS SEASONED RICE VEGGIES	17 HOT DOG/CHILI DOG LOADED FRIES VEGGIES	18 CHICKEN PARMESAN GARLIC BREADSTICK VEGGIES	19 SUB SANDWICH SUN CHIPS VEGGIES
22 COOK'S CHOICE	23 COOK'S CHOICE	24 COOK'S CHOICE	25 COOK'S CHOICE	26 COOK'S CHOICE
29 NO SCHOOL	30 COOK'S CHOICE	31 COOK'S CHOICE	1 COOK'S CHOICE	2 COOK'S CHOICE LAST DAY OF SCHOOL



MAY & JUNE 2023 LUNCH MENU HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS ARE SERVED WITH GARDEN BAR, FRUIT CHOICES, LOW-FAT MILK & WHOLE GRAIN BREAD			MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
1 PERSONAL PIZZA VEGGIES	2 DELI WRAP SUN CHIPS COLESLAW	3 MINI CORNDOGS MAC & CHEESE VEGGIES	4 HOT HAM & CHEESE CURLY FRIES VEGGIES	5 BREAKFAST BOWL (hashbrowns, scrambled eggs, shredded cheese) SAUSAGE LINKS BAGEL APPLESAUCE SCHOOL LUNCH HERO DAY
8 STUFFED CRUST PIZZA VEGGIES	9 CHEESEBURGER WAFFLE FRIES BAKED BEANS	10 CRISPY CHICKEN SANDWICH POTATO WEDGES VEGGIES	11 TOTCHOS CORN MUFFIN VEGGIES GRAIN SNACK	12 FISH NUGGETS TATER TOTS DINNER ROLL VEGGIES GRAIN SNACK
15 PIZZA CRUNCHERS MARINARA VEGGIES	16 QUESADILLA FIESTA BEANS SEASONED RICE VEGGIES	17 HOT DOG/CHILI DOG LOADED FRIES VEGGIES	18 CHICKEN PARMESAN GARLIC BREADSTICK VEGGIES	19 SUB SANDWICH SUN CHIPS VEGGIES
22 COOK'S CHOICE	23 COOK'S CHOICE	24 COOK'S CHOICE	25 COOK'S CHOICE	26 COOK'S CHOICE
29 NO SCHOOL	30 COOK'S CHOICE	31 COOK'S CHOICE	1 COOK'S CHOICE	2 COOK'S CHOICE LAST DAY OF SCHOOL



MAY & JUNE 2023 BREAKFAST MENU HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREADS, CEREAL BARS, CEREAL, MUFFINS & YOGURT PARFAITS AVAILABLE DAILY	LOW-FAT MILK CHOICES & WHOLE GRAIN BREAD ITEMS ARE AVAILABLE DAILY WITH BREAKFAST		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
1 CINNIMINI FRUIT & JUICE MILK	2 COMBO BAR TOAST FRUIT & JUICE MILK	3 BREAKFAST SANDWICH FRUIT & JUICE MILK	4 PIZZA FRUIT & JUICE MILK	5 CINNAMON ROLL FRUIT & JUICE MILK
8 APPLE FRUDEL FRUIT & JUICE MILK	9 MINI WAFFLES FRUIT & JUICE MILK	10 SCRAMBLED EGGS SAUSAGE LINKS TOAST FRUIT & JUICE MILK	11 FRENCH TOAST STICKS FRUIT & JUICE MILK	12 APPLE FILLED DONUT FRUIT & JUICE MILK
15 MINI WAFFLES FRUIT & JUICE MILK	16 BREAKFAST BURRITO FRUIT & JUICE MILK	17 SAUSAGE & EGG BITES FRUIT & JUICE MILK	18 PANCAKES SAUSAGE LINKS FRUIT & JUICE MILK	19 MINI DONUTS FRUIT & JUICE MILK
22 COOK'S CHOICE	23 COOK'S CHOICE	24 COOK'S CHOICE	25 COOK'S CHOICE	26 COOK'S CHOICE
29 NO SCHOOL	30 COOK'S CHOICE	31 COOK'S CHOICE	1 COOK'S CHOICE	2 COOK'S CHOICE LAST DAY OF SCHOOL



MAY & JUNE 2023 BREAKFAST MENU K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES ASSORTED GRAINS, TOAST, YOGURT OR STRING CHEESE, FRUIT, JUICE & MILK	LOW-FAT MILK CHOICES & WHOLE GRAIN BREAD ITEMS ARE AVAILABLE DAILY WITH BREAKFAST		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
1 CINNIMINI FRUIT & JUICE MILK	2 COMBO BAR TOAST FRUIT & JUICE MILK	3 BREAKFAST SANDWICH FRUIT & JUICE MILK	4 PIZZA FRUIT & JUICE MILK	5 CINNAMON ROLL FRUIT & JUICE MILK
8 APPLE FRUDEL FRUIT & JUICE MILK	9 MINI WAFFLES FRUIT & JUICE MILK	10 SCRAMBLED EGGS SAUSAGE LINKS TOAST FRUIT & JUICE MILK	11 FRENCH TOAST STICKS FRUIT & JUICE MILK	12 APPLE FILLED DONUT FRUIT & JUICE MILK
15 MINI WAFFLES FRUIT & JUICE MILK	16 BREAKFAST BURRITO FRUIT & JUICE MILK	17 SAUSAGE & EGG BITES FRUIT & JUICE MILK	18 PANCAKES SAUSAGE LINKS FRUIT & JUICE MILK	19 MINI DONUTS FRUIT & JUICE MILK
22 COOK'S CHOICE	23 COOK'S CHOICE	24 COOK'S CHOICE	25 COOK'S CHOICE	26 COOK'S CHOICE
29 NO SCHOOL	30 COOK'S CHOICE	31 COOK'S CHOICE	1 COOK'S CHOICE	2 COOK'S CHOICE LAST DAY OF SCHOOL